#### The Power of Recipient Stories: A guide to storytelling to promote VNRBD









#### Why Storytelling?

Altruism and the positive emotions generated by helping others are strong motivators for blood donation. Empathy in particular is the key emotion that has been shown to increase charitable behaviour.

Stories are a great way to encourage potential donors because they generate a compelling emotional response. When formulating recruitment campaigns, blood services may consider incorporating stories that demonstrate the positive impact of blood donation at a personal level.

#### What makes a compelling story?

- Recruitment campaign stories should be relatively short to reflect the medium of choice (i.e. poster, email etc.)
- ocus on an **individual**, rather than a group.
- The story should include **unique features** of the individual and their life. This information makes the character 'real' and helps the audience relate to, and empathise with, the person in the story.
- If possible (with permission), include a photo.

Stories about individuals that include specific information accompanied by a photo are more likely to result in a particular action (i.e. blood donation) than those that are vague or about a group.

#### Things to consider

We recommend that blood services obtain written permission to share recipient stories and/or images. Please ensure you follow **privacy and confidentiality laws** and obligations in your country.

The amount of information each person feels comfortable disclosing will vary between individuals.

Your blood service may choose to provide a consent form and questionnaire to recipients of blood or blood products (example below) to capture information easily in a standardised format.

Components of the story can be input into the poster or email template provided.

The poster quide (below with examples) and poster template are designed to convey information about the recipient concisely, so they are easy for the audience to read. In-depth, more detailed recipient accounts may be better suited to other methods of communication such as an email, newsletter or social media post (guide below).











Global Advisory Panel on Corporate Governance and Risk Management of Blood Services in Red Cross and Red Crescent Societies







## Sharing Your Story to promote blood donation

#### Why do we need your story?

We need your story to share the life changing impact of blood donation.

By telling your story, you're raising awareness of the need for blood and encouraging others to donate.

Your experience can inspire and help others.

#### **Consent**

Name:

#### This is an example only.

Please ensure that you follow privacy and confidentiality laws in your country.

We will not use your story without your consent.

By completing this form, I understand and agree that my responses and any images provided may be used by insert blood service name for promotional and/or educational purposes, including but not limited to social media, posters, newsletters, websites and other communications.

I understand that my responses may be edited for clarity and length, while preserving the integrity of my story, and I waive the right to inspect or approve the final version used.

The information will not be used for commercial purposes.

Confidentiality of any personal health information that is not provided in this questionnaire will be maintained.

I have read, understand and agree to the statement above.

Signature:

I understand that I am not obliged in any way to share my story, and declining participation will not impact on the medical care I receive.

Date:	
About You	
What is your first name?	
What is your age?	
Can you tell us about yourself? Are there any details you'd like to sh	are about your life, interests
or family?	





#### **Sharing Your Story**

Can you share any moments that stood out to you in your journey?
How has receiving blood (or blood products) influenced your life?
If you could meet your blood donor, what would you want them to know?
What message would you like to share with people who are considering blood donation?
Is there anything else you would like to share?

#### Thank you for taking the time to share your story.

#### A picture is worth a thousand words!

Seeing someone who's life has benefitted from blood donation can have a lasting impact.

Please consider providing a photo of yourself to accompany your story.

Photos can be submitted via email to [insert email address].

Your participation will help to inspire life-saving donations.

logo

Your Journey

#### **Using the Poster Template**

click **here** to access the template



OF [ROLE/DESCRIPTOR] LIKE [NAME]

[NAME] has [INSERT CONDITION/INJURY]

They received [INSERT BLOOD/ **BLOOD PRODUCTS** 

Because of generous donors like yourself [INSERT NAME] is able to [INSERT INTEREST/ACTIVITY today





Audiences are encouraged to relate to the recipient through the use of:

- a photo
- their **first name**
- roles and descriptors that define the recipient in terms of their family unit (i.e. mother) or achievements (i.e. student)
- information about their **interests** or hobbies

When the viewer relates to the recipient, they feel empathy. Audiences that feel empathy are more likely to donate.

Text on the poster should be kept relatively brief and easy to read.

In three sentences, outline:

- 1. **Problem**: the medical condition or health event that created a need for the blood transfusion
- 2. **Solution**: treatment with the blood transfusion or blood products (in bold)
- 3. **Impact**: what does it mean for the recipient today? What has it allowed them to do? Address the audience as an existing donor -'Because of generous donors like yourself'

#### **Examples**



#### OF FATHERS LIKE ROWAN

In 2019 Rowan was hit by a car while cycling sustaining significant blood loss

#### He received a blood transfusion

Because of generous donors like yourself Rowan is able to play basketball with his son today









OF CHILDREN LIKE CHLOE

When Chloe was 2 years old she developed a severe infection

#### She received a platelet transfusion

Because of generous donors like yourself Chloe is able to make sandcastles with her big sister today









OF MOTHERS LIKE MARIE

Marie has acute myeloid leukemia

#### She receives regular platelet transfusions

Because of generous donors like yourself Marie is able to do yoga with her daughter today











## YOU CAN SAVE LIVES



### OF FATHERS LIKE ROWAN

In 2019 Rowan was hit by a car while cycling sustaining significant blood loss

#### He received a blood transfusion

Because of generous donors like yourself Rowan is able to play basketball with his son today











## OF MOTHERS LIKE MARIE

Marie has acute myeloid leukemia

## She receives regular platelet transfusions

Because of generous donors like yourself
Marie is able to do yoga with
her daughter today







# SAVE LIVES



### OF CHILDREN LIKE **CHLOE**

When Chloe was 2 years old she developed a severe infection

### She received a platelet transfusion

Because of generous donors like yourself Chloe is able to make sandcastles with her big sister today







#### **Email, Newsletter or Social Media Stories**

Email, newsletter and social media formats have greater capacity for detail. This must be balanced with readability and engagement.

Use short sentences and short paragraphs. Include recipient photos, quotes and key phrases to establish interest early and encourage the audience to read further.

The more the audience relates to the recipient, the more empathy they feel and the more likely they are to donate blood. Make the reader feel like they know the recipient by using an image, their first name and any unique aspects of their life that they shared via the questionnaire (i.e. details of their journey, interests, family, profession or achievements).

End with a 'call to action' - a link that the reader can click on to make a booking to donate blood.

#### **Read Nina's Story**



"The day before Lucy was born, I never imagined that my life would be saved by someone I'd never met."

The birth of Nina's precious daughter Lucy was complicated by severe maternal bleeding.

Nina required 6 units of blood to save her life.

Thanks to generous donors like yourself, Nina is here to celebrate Lucy's third birthday next week.

"If it wasn't for blood donors, I wouldn't be here for her. I am grateful beyond words".

Today Nina and Lucy enjoy going to the park, reading books and, most of all, spending time together.

**SAVE A LIFE TODAY** 



#### Read Paul's Story



"My whole life there has been a community of strangers helping me live without ever knowing me. I hope you know how appreciated you are."

When Paul was 2 years old, he was diagnosed with a genetic disorder called sickle cell anaemia.

Since then, he has received multiple blood transfusions to treat his condition.

As a child, he worried about being different. Because of generous donors like yourself, Paul is able to live a relatively normal life working in transport logistics and playing soccer with his friends on weekends.

"It's the little things that mean the most to me. I'm able to live and work because of people who donate blood. So thank you"

SAVE A LIFE TODAY







Global Advisory Panel
on Corporate Governance and Risk Management of Blood Services in Red Cross and Red Crescent Societies





